Civic Boot Camp Workbook
Local Government & Politics

November 13th, 2020

#CivicBootCamp
WELCOME

CIVIC BOOT CAMP- LOCAL GOVERNMENT AND POLITICS

Webinar on Civic Engagement with Local Government

This workbook is designed to help you engage throughout the webinar and provide resources you can use afterwards. Within the workbook you will find interviewee and speaker biographies, local and national resources, key terms and definitions, volunteer opportunities, and more!

ABOUT SEATTLE CITYCLUB

Seattle CityClub is a nonpartisan, 501(c)(3) nonprofit organization improving the civic health of the Puget Sound region by providing programs that bridge politics, sectors and generations to inform and engage residents and community leaders.

IN PARTNERSHIP WITH

SPEAKER BIOGRAPHIES - INTERVIEWS

Zachary Wood, Professor of Public Affairs, Seattle University |

Zachary is an Assistant Professor in the Institute of Public Service at Seattle University, primarily assigned to the undergraduate Public Affairs program, teaching courses in the areas of community development and urban public policy. He holds a PhD in Public Affairs from Rutgers University, with a specialization in Community Development. Dr. Wood's primary research foci center on issues of urban poverty and social change through civic engagement and political advocacy, particularly with traditionally marginalized populations. Previously, Dr. Wood has held leadership positions in the non-profit sector and the youth homelessness field and serves on the Board of Directors of Youth Collaboratory, a national support and advocacy organization for youth-serving non-profits.

Amanda Sandoval, Commissioner, Seattle Immigrant and Refugee Commission |

Amanda is a UW alumnus that works as a Public Policy Coordinator for the Mockingbird Society, an advocacy organization that works to transform foster care and end youth homelessness. She helps establish partnerships between young people with lived experience and local coalitions, advocacy groups, and government stakeholders. She also serves on the Seattle immigrant and refugee commission, a commission that advises the mayor, city council, and city departments on how to improve services and resources for the immigrant and refugee communities. Prior to her current role she worked as a community organizer with Senator Saldana in the 37th district. With her background in community organizing, public policy and immigrant family upbringing, Amanda is passionate about local government and the importance of making sure all communities are being listened to, their voices are heard and that they know they are vital groups in our community.
Jamie Pedersen, WA State Senator (43rd District) |

Jamie lives on Capitol Hill with his husband, Eric Pedersen, and their sons Trygve, Leif, Erik and Anders, all of whom attend Seattle Public Schools. He grew up in Puyallup, graduated from Puyallup High School and worked at McDonald’s to help put himself through Yale College, where he studied Russian and history, and graduated summa cum laude. After spending a year living in Russia and collecting oral histories of Soviet Afghan war veterans, Jamie attended Yale Law School. He clerked on the U.S. Court of Appeals for the D.C. Circuit and then returned to Seattle – and Capitol Hill – in 1995. He practiced corporate law at Preston Gates & Ellis (now K&L Gates) for 17 years. Since May 2012, he has been Vice President and General Counsel at McKinstry, a Seattle-based construction and engineering firm with substantial expertise in green building.

Jamie chaired the board of the national civil rights organization Lambda Legal, and served as Lambda’s lead volunteer lawyer on the state’s marriage equality case. He also helped to organize and was a plaintiff in League of Education Voters v. State of Washington, the case that overturned several Tim Eyman initiatives that purported to require 2/3 majorities to pass tax increases in the legislature.

Jamie was elected to the House of Representatives in 2006 and was appointed to the Senate in December 2013 and elected in 2014 and 2018. He serves as the chair of the Law & Justice Committee and also serves on the Ways & Means Committee, the Early Learning and K-12 Education Committee, and the Rules Committee. Jamie serves on the Legislative Ethics Board and the Office of Public Defense Oversight Committee and is a commissioner in the National Conference of Commissioners of Uniform State Laws.

Orlando Cano, Contract Lobbyist, OneAmerica, Chief Seattle Club (and others) |

Orlando was born and raised in Seattle, Washington, is fluent in Spanish and a dual citizen of Peru and the U.S. He graduated from the University of Washington with a BA in Political Science. After a legislative internship in 2000, Orlando began working in Olympia for the House Democratic Caucus, first as a Legislative Assistant for House Speaker Frank Chopp, then later held the positions of Policy Analyst, Community Liaison, and Senior Advisor. In 2016, he joined Seattle City Councilmember Lorena Gonzalez’s office as her first Chief of Staff. Following the stint at City Hall, Orlando returned to Olympia to become Chief of Staff to House Democratic Caucus and Speaker Chopp. He resides in Shoreline and is a lucky spouse to Elizabeth and two wonderful children.

John Rodriguez, Co-Char, Seattle LGBTQ Commission |

John has been advocating for human rights for the last 15 years, especially for the LGBTQ+ community's rights in his home country, the Dominican Republic where he founded a chapter of an international organization that supports LGBTQ+ people facing discrimination within religious groups and organizations. He is also one of the International Directors of the It Gets Better Project. Their mission is to empower LGBTQ+ Youth around the world. John serves as a co-chair for the Seattle LGBTQ Commission and co-chair of a King County Planning Council committee that assists the funding of important health related programs in King, Snohomish and Island counties. He moved to Seattle from New York in 2016. He studied Hotel and Business Management, Marketing, English, and is a graduate of LGBTQ Political Leadership School of the Victory LGBTQ Institute in Washington DC.
Hamdi Mohamed, Policy Advisor, King County Office of Equity and Social Justice

Hamdi is a social justice policy advocate and grassroots community organizer. For over a decade, Hamdi has served immigrants and refugees from diverse cultural, religious, and linguistic backgrounds. Hamdi came to America when she was three years old. Born the youngest of ten siblings, she fled Somalia with her family as the civil war broke. Today, Hamdi is a graduate of the University of Washington with a degree in Law, Societies, and Justice.

She previously worked for U.S. Congresswoman Pramila Jayapal. As Deputy District Director and Constituent Services Director, she was part of the Congresswoman’s senior staff and a key strategic advisor. Part of her job was educating the public and acting as a conduit between constituents and federal agencies. In her role as Congresswoman Jayapal’s Campaign Manager, Hamdi was responsible for overseeing all aspects of the campaign, including managing staff, coordinating events, and implementing fundraising operations.

In 2012, Hamdi worked with CARE International to publish interest-stories on discrimination and food security crises. She assisted with the global ‘Do No Harm’ training to prevent NGOs from causing unintentional harm through their humanitarian interventions and peace operations. Hamdi also worked for the Refugee Women Alliance where she helped prepare low-income residents for job search and employment attainment. As a former refugee, Hamdi has experienced the effects of governmental policies on immigrants and refugees firsthand. Having witnessed the devastating impact of decisions made by foreign governments, she has gained a strong desire to acquire expertise in the areas of organizational development, decision-making, and public policy. Hamdi has been recognized for her policy advocacy, commitment to community and received the Heroines Award from the National Women’s Caucus of Washington. In her free time, she enjoys exploring new places, reading, and spending time with family and friends.

Robin Tatsuda, MSW, Executive Director, The Arc of King County

Robin leads The Arc of King County, an 84-year-old non-profit that promotes and protects the human and civil rights of people with developmental disabilities. While Robin does not identify as disabled (yet) she is driven by her fundamental values that disability is a form of diversity and a social justice issue. While new to the Executive Director position, Robin has been at The Arc of King County for over 8 years; most recently as the Director of Information & Family Support. She is seen as an expert resource for families and individuals with DD, as well as service providers and policy makers. Before coming to The Arc, Robin began work in the DD field in 2005 providing intensive behavior support services to youth in home and at school. Over the years she also served as a personal care and respite provider, social skills teacher, and Special Olympics coach. In 2013 Robin achieved her Master of Social Work so that she could take an even greater role in promoting and protecting the human and civil rights of people with DD and their families. Robin has presented on disability equity and inclusion to a wide variety of audiences including the University of Washington School of Social Work, Washington State Public Defenders, multiple homelessness and low-income housing organizations, several public school districts throughout King County, and in partnership with the Woodland Park Zoo.

Heather Villanueva, Deputy Director, More Equitable Democracy

Heather Villanueva has over 10 years of experience in multi-ethnic coalition building and community organizing. She began her career at the Minority Executive Directors Coalition as the Business Manager. She was then hired at SEIU 775 as an organizer where she gained a breadth of experience in grassroots and grasstops coalition building, legislative advocacy, civic engagement, organizational development, and language access work. Among her accomplishments are establishing the four-time award-winning Racial Equity Team and serving on several boards and commissions including the King County Civil Rights Commission, Ingersoll Gender Center, The City of Seattle Immigrant Voting Task force, and the International Examiner.
DEI TERMS

**Anti-Racism** - The work of actively opposing racism by advocating for changes in political, economic, and social life. This can be a lens for every government policy.

**BIPOC** - An acronym that stands for Black, Indigenous and People of Color.

**Diversity** - This includes not only race, ethnicity, and gender — the groups that most often come to mind when the term “diversity” is used — but also age, national origin, religion, disability, sexual orientation, socioeconomic status, education, marital status, language, and physical appearance. It also involves different ideas, perspectives, and values.

**Equality** - Offering everyone the same level of access to opportunity.

**Equity** - Offering everyone a different level of support based on historical, structural, and institutional barriers that hinder success in order to produce the same level of outcomes.

**Grassroots** - The ordinary and common people, often blue collar workers. Term generally refers to movements/political organizations created by them rather than by professionals, elitists or established leaders.

**Inclusion** - Authentically bringing traditionally excluded individuals and/or groups into processes, activities, and decision/policy making in a way that shares power.

**Institutional Racism** - The ways in which institutional policies and practices create different outcomes for different racial groups. The institutional policies may never mention any racial group, but their effect is to create advantages for whites and oppression and disadvantages for BIPOC people.

**Restorative Justice** - A theory of justice that emphasizes repairing the harm caused by crime and conflict. It places decisions in the hands of those who have been most affected by a wrongdoing, and gives equal concern to the victim, the offender, and the surrounding community.

**Structural Racism** - Encompasses the entire system of white domination, diffused and infused in all aspects of society including its history, culture, politics, economics and social fabric. Structural racism is the most profound and pervasive form of racism – all other forms of racism emerge from structural racism.

**Transformative Justice** - A political framework and approach for responding to violence, harm and abuse. It seeks to respond to violence without creating more violence and/or engaging in harm reduction to lessen the violence.

GOVERNMENT TERMS

**Advisory Committees** - Committees publish an agenda for each meeting and include a Public Comment period for the public to provide feedback on those items. Committees hold required Public Hearings, review and possibly amend proposed Bills. Committee recommendations and vote on a proposed Bill are made for consideration by the Full Council. See the full list of committees [HERE](#).

**Bill** - A measure introduced in Congress or Council. Based off a simple majority vote, a bill will go to the House first, then Senate, back to Congress for a final vote, and then to the Governor/President to approve or veto it. If approved, it becomes law. See how to read City of Seattle bills [HERE](#).

**City or County Council** - A municipal body having legislative and administrative powers, such as passing ordinances and appropriating funds.

**Caucus** - A meeting of party members in a legislative body to determine the party’s stand on forthcoming issues.

**Lobby** - A group or person (lobbyist) seeking to influence legislators for the passage or defeat of legislation.

**Local Legislative Process** - In the City of Seattle, the council votes on an act and then it goes to the mayor who can approve or veto it. Council can override a veto and the mayor can override their override. This happened with the 2020 budget. If passed, it becomes an ordinance.

**Ordinance** - A municipal ordinance is a rule, law or statute adopted by a municipal legislative body. A ordinance means that a municipal act is adopted that has the force and effect of a law.

**Petition** - A written document signed by a large number of people demanding some form of action from a government or other authority. In Washington, it can be become an initiative or referendum with enough signatures.

**Recall** - The citizens of Washington are granted the authority to perform a recall election to all elective officers of the state of Washington except judges of courts of record. Learn more [HERE](#).

**Referendum** - A general vote by the electorate on a single political question which has been referred to them for a direct decision.

**Representatives** - A member of Congress, Council, or other elected position that democratically promotes its consituents interests.

The City of Seattle Legislative Glossary includes more extensive terms and tools for navigating local government.
RESOURCES

Organizations involved in this Civic Boot Camp

Immigrant and Refugee Commission, City of Seattle
King County Equity and Social Justice
Mockingbird Society
LGBTQ Commission, City of Seattle
More Equitable Democracy
OneAmerica
Seattle University, School of Public Affairs
Shoreline City Council
Tukwila City Council
Washington State Legislature
YMCA Get Engaged program (youth-young professionals participate on City boards)

Other civic engagement and community activism organizations

Comprehensive list of King County-based political organizations
United Way King County
Poverty Action
Duwamish Tribe
Transportation Choices, Transit for All
APACE Votes,
Northwest Immigrant Rights Project
Citizen University Programs
Washington Low Income Housing Alliance

Mutual aid opportunities

Capitol Hill Community Center - @caphillcenter on Instagram
Covid-19 Mutual Aid- @covid19mutualaid on Instagram and resource document
Mutual Aid South King County- @ske_e_mutual_aid and resource directory
Seattle BIPOC Organic Food Bank- @seattlebipocorganic on Instagram
Plant-based Food Share- @plantbasedfoodshares on Instagram
UW Community Aid- @uwcommunityaid on Instagram
Seattle Community Fridge - @seattlecommunityfridge

STRUCTURE OF GOVERNMENT

THE WASHINGTON STATE LEGISLATURE

• Get in contact with your elected officials here.
• See the full list of representatives here.
• Learn more about the House, Senate, Committees, and Legislation here.

GET TO KNOW THE CITY OF SEATTLE

Mayor Jenny Durkan
District 1- Lisa Herbold
District 2- Tammy J. Morales
District 3- Kshama Sawant
District 4- Alex Pederson
District 5- Debora Juarez
District 6- Dan Strauss
District 7- Andrew J. Lewis
Position 8- Teresa Mosqueda
Position 9- Lorena Gonzalez

PUBLIC POLICY PROCESS SIX STAGE CYCLE

1. IDENTIFICATION
   The public policy process begins with problem identification, or the recognition of a problem that needs to be addressed.

2. DEFINITION
   The identified problem is then defined, and the policy is evaluated in terms of its effectiveness.

3. AGENDA
   The policy agenda includes a list of all policies that need to be addressed, along with their priority ranking.

4. POLICY
   The policy is then developed, and the final version is presented to the public for review.

5. BUDGET
   The policy is then implemented, and the budget is allocated to ensure the policy is effective.

6. ACTION
   The policy is evaluated for its effectiveness, and the results are reported to the public.
CIVIC ENGAGEMENT IDEAS

Our region’s civic health depends on each one of us to get involved in civic life. Here are seven ways you can get involved:

- **Volunteer**: Give your time to a grassroots movement, non-profit organization, or political campaign. To directly support your community, act local and think global.

- **Donate**: Support local organizations, mutual aid, and/or political candidates you believe in.

- **Advocate**: Contact your legislators to support initiatives or inform them of personal/community needs.

- **Participate**: Attend legislative sessions, public meetings, debates, council/neighborhood meetings, or community forums. Join a commission or advisory board.

- **Campaign**: Anyone can run for office, even losing candidates get their messages heard!

- **Learn**: Follow news and blogs about local politics and current events. Explore the structure of government links to familiarize yourself with representatives and processes.

- **Listen**: Have conversations with your family, friends, and community members to build a network of support. Uplift marginalized voices inside and outside of government.

NOTEWORTHY NEWS

Series of articles on the state of Democracy in Washington State, various authors, Crosscut, 2020

Our Activism Can’t End With the Presidential Election, Glennda Testone, Advocate, 10/30/20

Washington state politics is more diverse than ever; At all levels of government, the state has made stunning increases in representation. But much work remains to build a democracy that reflects us all, Olgy Diaz, Crosscut, 10/21/20

New State Law Could Prevent Political Participation by Immigrants, Lawsuit Says, Ben Adlin, South Seattle Emerald, 10/14/20

Native American Voting in Washington State, Seattle Times, 10/12/20

Political Participation Among Indigenous People, By NLC Staff, Generation, 10/9/20

Diversity, Equity, and Inclusion Efforts in Washington State, Laura Crandall, MRSC, 8/6/20

Our Police Are Civil Servants and Guardians, Not Warriors, Jamie Pedersen, The Stranger, 6/10/20

House Passes Nation’s First Statewide ‘Office Of Equity’ To Help Reduce Systemic Disparities, Seattle Medium, 1/22/20
SEATTLE CITYCLUB PROGRAMS

Each year, CityClub provides over 30 public programs that inform, connect, and engage the public to strengthen the civic health of our region.

- **Civic Boot Camp** - A deep-dive into key local issues with community leaders and strategies for how to get involved. Link
- **Civic Cocktail** - a series of monthly, televised conversations about regional issues with policymakers, community leaders, and newsmakers. Link
- **Civic Health Index** - our exclusive online report that examines trends in Seattle voting, volunteerism, public trust, and other indicators of civic health (updated in 2018). Link
- **Year in Review** (December) - leaders from multiple sectors reflect on pressing issues and headlines of the past year. Link
- **Legislative Preview** (January) - convenes top Washington legislators to discuss the upcoming legislative session. Link
- **WA State Debate Coalition** - free, public and statewide debates for candidates seeking the highest offices in Washington state. Link

CIVIC ENGAGEMENT RESOURCES

### Contacting Elected Officials
- Contacting your legislators - Washington State Legislature
- ACLU - Tips on meeting with elected officials

### Civic Engagement with Government
- **WA State Citizen's Guide to Effective Legislative Participation**
- **Guidance and Resources for Public Participation, MRSC**
- **King County Community Engagement Guide**
- **Volunteer opportunities with Local Government, MRSC**
- **Get Involved - Participate in Your Government - Access WA**

### City of Seattle
- **Board and Commissions** (City residents can serve on a variety of board and commissions)
- **Department of Neighborhoods** - Outreach and Engagement
- **Office of Police Accountability** - Community Engagement
- **PACE (People's Academy for Community Engagement), City of Seattle** - Leadership development program

### Structure and function of Government
- **Links to your government - League of Women Voters of Washington**
- **Washington Legislative Process** - Washington State Legislature
- **Kids Guide to the US Government** - Ohio University
UPCOMING EVENTS

Seattle CityClub Calendar of Events (Link)

NOVEMBER

Civic Boot Camp - Civic Engagement with Local Government

13th, 1pm

DECEMBER

Seattle CityClub’s Year in Review

8th, 12 pm